

Dinner

small plates

Bite-sized Baked Brie Bites (4)

baked in puff pastry with fresh, seasonal strawberry-rhubarb preserves, 7.99

Caprese Pizza

grilled chicken breast, fresh mozzarella, parmesan, tomatoes, & basil pesto aioli sauce, topped with lemon vinaigrette-tossed arugula & basil, drizzled with a balsamic reduction, on thin 9" pita crust, 9.99

M Smoked Gouda Dip (warm)

with parmesan-bacon crust & pita chips, 6.99

V Life Cakes (3)

spicy, mini black bean burgers with cucumber-yogurt sauce, feta cheese & candied jalapenos, 5.99

Mini Crab Cakes (3)

pan-seared, served with chipotle tartar sauce, 7.99

M V Edamame Hummus

garnished with feta, cucumber yogurt sauce & red onion, with zucchini rounds & warm pita bread, 6.99

Salad & Soups

Mini Gorgonzola Walnut, 4.99

Classic Garden Salad, 3.99

Tomato-Basil, White Bean Turkey Chili, or Soup of the Day, 3.99 cup; 5.99 bowl

mains

Hanger Steak Rio

grilled to order, sliced and served with a bacon-chimichurri sauce & seasonal vegetables, 19.99

Captain Morgan's Mahi

blackened mahi mahi topped with spiced rum infused mango salsa & stone ground grits, 15.99

Charleston Chicken Roulade

chicken breast rolled with smoked gouda pimento cheese & spinach, sliced & served with a light smoked gouda cream sauce & roasted red pepper grits, 15.99

Spring Vegetable Pasta

asparagus, edamame, fresh tarragon, roasted red pepper, baby spinach, lemon zest, parmesan & cavatappi pasta in a light edamame cream sauce, 11.99; grilled salmon, +3.99

M MOSAIC Shrimp & Grits

yellow stone-ground grits, large shrimp, smoked gouda-chicken andouille cream sauce, peppers, onions, scallions, cheddar cheese, green onions, 16.99

Tuscan Chicken

chicken cutlets, lightly breaded & pan fried with artichoke hearts, spinach & garlic in a lemon-caper pan sauce, with seasonal vegetables, 14.99

Crispy Salmon

russet-crust, pan-fried, served with basil mustard & stone-ground grits, 16.99

Chicken Mac & Cheese

cavatappi pasta elbows, smoked gouda cream sauce, grilled chicken breast, bacon parmesan crust, seasonal vegetables, 14.99

Shrimp Florentine & Tomato Grits

sautéed wild-caught shrimp, garlic, onions, artichoke hearts, baby spinach & sun-dried tomatoes over zesty tomato grits, topped with feta, 16.99

Creamy Roasted Tomato Cavatappi Pasta

roasted-tomato cream sauce, garlic, white wine, olive oil, fresh basil & parmesan tossed with cavatappi pasta, 13.99 choice of shrimp, chicken or portobellos

Sear-Roasted Salmon

pan-seared and oven-roasted with lemon-ginger butter & fresh seasonal vegetables, 15.99

M Mosaic Signature Penné Pasta

smoked gouda cream sauce, olive oil, garlic, sun dried tomatoes & spinach, tossed with penne pasta, topped with parmesan & bacon, 15.99 choice of shrimp, chicken or portobellos

Flounder Parmesan

parmesan-panko herbed crust, broiled, with spinach cream and stone ground grits, 14.99

M Seafood Mac & Cheese

shrimp, crab & cavatappi elbow pasta baked in a light smoked gouda cream sauce, bacon parmesan crust, seasonal vegetables, 17.99

Bistro Beef Medallions

seared medium-rare with smoked gouda cream sauce & grilled potatoes, 17.99

burgers

seasoned & grilled, with mixed greens, tomatoes & onions on a grilled challah roll, with choice of side

1/2 lb. Angus *, basil mustard, 9.49; with cheese, +.99

Smoked Gouda Pimento Angus *, basil mustard, 10.49

Bacon-Blue Angus *, gorgonzola & bacon, 11.49

Grilled Mahi blackened mahi mahi topped with spiced rum infused mango salsa, with chipotle tartar on the side, 9.99



lighter side

MOSAIC salads

Strawberry-Chicken

fresh strawberries, grilled chicken breast, walnuts, feta cheese, grape tomatoes & red onions over spinach and romaine, with strawberry-rhubarb balsamic vinaigrette dressing on the side, 10.99

Mark Antony

grilled balsamic portobellos over romaine & arugula with sun dried tomatoes, pepperoncinis, olives, onions, artichoke hearts, gorgonzola, herbed-cROUTONS, parmesan & light caesar dressing, 11.99

M Oriental Chicken

chicken breast salad (sesame seeds, snow peas, scallions & walnuts), carrots, crunchy noodles, grape tomatoes, mixed greens & sesame-ginger vinaigrette, 10.99

Super-Fit Salad

fresh edamame, hard-boiled egg*, toasted walnuts, cucumbers, tomatoes, cranberries, carrots, feta cheese, black kale, spinach & lemon vinaigrette, 10.99 with grilled salmon, +3.99

Chicken Santa Barbara Chopped

grilled chicken, cranberries, toasted almonds, cucumbers, tomatoes, shredded carrots, bell peppers, cheddar, mixed greens, spinach & raspberry-ranch dressing, 10.99

M Chicken-Bacon-Gorgonzola Chopped

grilled chicken, carrots, onions, bacon, tomatoes, hard-boiled eggs*, walnuts, gorgonzola, parmesan, mixed greens, spinach & balsamic-blue cheese dressing, 11.99

dressings **M** balsamic-dijon vinaigrette, lemon-herb vinaigrette, balsamic-blue cheese, yogurt-ranch, sesame-ginger vinaigrette, housemade blue cheese, thai chili vinaigrette, raspberry-ranch

MOSAIC sandwiches

served with choice of sautéed seasonal vegetable, stone ground grits, grilled potatoes, potato salad, cranberry cole slaw, chips or side garden salad

Fit Turkey Roller

all natural turkey, edamame-hummus, cucumbers, spinach, feta & cranberry slaw on tortilla, 9.99

Chicken Caprese Sandwich

thinly sliced, grilled chicken breast, fresh mozzarella, arugula, tomatoes & basil pesto aioli on foccacia, 9.99

Bistro Beef-Gorgonzola Sandwich

hand-carved, medium rare angus beef, balsamic onions, gorgonzola, arugula, tomatoes & horseradish aioli on foccacia, 9.99

M Charleston Chicken Roller

grilled chicken, bacon, smoked gouda pimento cheese, spinach, tomatoes, basil mustard on tortilla 9.99

M Roasted Lamb Pita

oven-roasted leg of lamb, mixed greens, tomatoes, cucumber-yogurt sauce, 10.99 with feta, +.99

Shem Creek Pita

grilled shrimp, smoked gouda pimento cheese, bacon, spinach, tomatoes & cucumber-yogurt sauce, 9.99

Crab Cake Pita

pan-seared lump crab cakes, mixed greens, tomatoes, chipotle tartar sauce, 9.99

V Fit Black Bean Roller

grilled spicy black bean cakes, edamame hummus, cucumbers, feta, roasted red peppers, onions & fresh spinach on tortilla, 9.99

fit 450

lightly sautéed, low in fat,
high in protein!

less than
450 calories!

Fit Tuscan Kale & Chicken

tender kale, fresh lemon vinaigrette, parmesan cheese, almonds, grape tomatoes & grilled chicken (3 oz.), 9.99

M MMC Salmon

squash, zucchini, sun-dried tomatoes, artichoke hearts, olives, bell peppers, onions, spinach, grilled salmon (*wild-caught, sustainable*) & lemon-herb vinaigrette, 9.99

Fit Chicken

ginger chicken, toasted sesame seeds, zucchini, roasted red peppers, garlic, onions, carrots, snow peas, walnuts & spinach, 8.99

M Fit Cobb

chopped romaine in light, lemon vinaigrette topped with bacon, chopped tomatoes, grilled chicken, hard-boiled egg* & gorgonzola cheese, 9.99

V Fit Life Burgers

spicy, mini black bean burgers, served over spinach, garnished with edamame hummus, cucumber-yogurt sauce, feta, grape tomatoes & roasted peppers, 8.99

kids under 12 only, please, 4.99; sub fruit for chips, +.99

Quesadilla with cheddar cheese & chips

Grilled Chicken with honey mustard & chips

Grilled Cheese on wheat with cheddar & chips

Butter Pasta penne with butter & parmesan

Blue boxes showcase our monthly features!

M = mosaic favorite! **V** = vegetarian

While nuts may not be a key ingredient in every item, all are produced in the same area where products containing various nut items are created. Though best practices are used, inadvertent cross-contamination may occur.

18% gratuity may be added to groups of 6 or more.

*consuming raw or undercooked meats or eggs may increase your risk of foodborne illness. 3/12

