



## STARTERS

**Smoked Gouda Pimento Dip** candied jalapenos, honey, served hot, pita chips 14

**Fried Green Tomato Stack** fresh mozzarella, bacon, herb oil, balsamic reduction 15

**Bicycle Egg Rolls** sesame ginger chicken, walnuts, pickled carrots, sriracha honey 12

**Crispy Brussels** balsamic reduction, shaved parmesan 16

**Crab Cake Minis\*** basil mustard, mixed greens 15

**P.E.I Mussels** with grilled sourdough bread 19

White - wine, butter, garlic, olive oil, basil

Red - marinara, wine, olive oil, parsley

**Butternut Squash Hummus** cumin, garlic, parsley, pita chips & roasted carrots 14

**Fried Oyster Sliders** (3) cornmeal dusted, hawaiian rolls, jalapeno slaw, old bay aioli 14

**Soup du Jour** cup 6 / bowl 9

**Sweet Potato Biscuits** (3) warm, maple butter 6

## SALADS

*add chicken 6, salmon 10, shrimp 9, bacon 4, avocado 5*

**Harvest** roasted butternut squash, dried cranberries, feta, toasted pecans, chopped kale & romaine, maple vinaigrette, balsamic reduction 16

**Sesame Ginger** teriyaki marinated chicken salad (sesame seeds, scallions, walnuts) pickled carrots, cherry tomatoes, mixed greens, wonton crisps 17

**Aegean** grape tomatoes, cucumbers, red onions, kalamata olives, pepperoncinis, feta, romaine, lemon-herb vinaigrette 15

**Fall Green Goddess** cucumbers, parmesan, grape tomatoes, pickled purple onions, toasted almonds, chopped tuscan kale, avocado-herb dressing 16

**Cleopatra** sourdough croutons, shaved parmesan, pickled purple onions, romaine, caesar dressing 14

**Balsamic Blues** blistered blueberries, roasted garlic, toasted almonds, bleu cheese crumbles, mixed greens, smoked-honey balsamic vinaigrette 15

## BOWLS

**Lemon Chicken** romaine, arugula, edamame, feta, cilantro-lime cauliflower rice, pickled carrots, lemon-herb vinaigrette 17

**Spanish Beef\*** spiced filet, cilantro-lime cauliflower rice, pico de gallo, feta, avocado, romaine, arugula, chipotle aioli 19

**Salmon\* Forbidden Rice** sesame, black rice, pickled carrots, red pepper, scallion, portobello mushrooms, kale, arugula, miso ginger dressing 19

**Ancient Grains** miso sesame glazed farro, turmeric, portobello, tomato, kale, arugula, almond pesto, charred scallion, avocado 14, chicken +6, shrimp +9

## HANDHELDS

*with side salad, jalapeno slaw or fries*

**Charleston Chicken Roller** grilled chicken, bacon, smoked gouda pimento cheese, baby spinach, tomato, flour tortilla, basil-mustard 16

**Eastie Fried Chicken Sando** bacon jam, cheddar, lettuce, tomato, brioche roll, chipotle aioli 17

**Black Bean-Farro Burger** fresh herbs & spices, grains, lettuce, tomato, brioche roll, chipotle aioli 16

**Fried Green Tomato BLT** smoked gouda pimento cheese, bacon, horseradish aioli, greens, bacon jam, sourdough toast 16

**Crab Cake Sandwich** pan seared, fried green tomato, arugula, brioche roll, old bay aioli 21

**Mosaic 8oz Burger\*** local ground beef, lettuce, tomato, sharp cheddar, bacon, brioche roll, basil - mustard aioli 17

## MAINS

**Sriracha Honey Chicken** crispy chicken breast, smoked gouda mac & cheese, haricot verts 27

**Roasted ½ Chicken** lemon, thyme, olive oil, green beans almondine 25

**Strip Steak Hash\*** grass fed, grilled to order, chimichurri sauce, sweet potato hash 29

**Cottage Pie** grass fed ground beef, carrots, peas, corn, herbs, whipped sweet potato crust 22

**Curry Walnut Pasta** cavatappi, coconut cream, yellow curry, cranberries, toasted walnuts, spinach (v) 18  
portobellos +7, chicken +6, shrimp +9

**Shrimp & Grits** andouille sausage, stone ground grits, bell peppers, onions, smoked gouda cream 28

**Salmon Picatta\*** pan seared, haricot verts, forbidden rice, lemon-caper sauce 29

**Market Fish\*** seasonal set, fresh catch, stone ground grits MKT

## SIDES

haricot verts 7, smoked gouda mac & cheese 7, cheddar grits 6,  
side salad 7, fries 5, jalapeno slaw 5, sweet potato hash 7

*\* May be served raw or undercooked. Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions*